

November 2026

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 1	2 10:30 Let's Play - Jeopardy 11:00 Medicare 101 with Shy Diaz 12:00 Lunchtime 12:45 Chair Yoga with Eileen and Cherise	3 10:30 BINGO and Games with Nanuet Brownie Troop 40453! 10:30 Visit from the Caseworker 12:00 Lunchtime 12:45 Music with Jimmy Walsh	4 10:30 Let's Go to ShopRite 11:00 Let's Play Tabletop Games! Jenga and UNO 12:00 Lunchtime 12:45 Games with Healthfirst	5 11:00 Brain Health and Wellness by the Brain Health Center 12:00 Lunchtime 12:45 Let's Play Pokeno	6 11:00 Holiday Food Safety and Nutrition with Samantha 12:00 Lunchtime 12:45 Let's Play Bingo	 7
 8	9 11:00 Dance, Exercise, and Rhythm with Dolan Williams 12:00 Lunchtime 12:45 Let's Play - What In the World Do You Mean?	10 10:30 Let's Go to Trader Joe's 11:00 Puzzle Corner: Word Searches and Crosswords 12:00 Lunchtime 12:45 Let's Play Pokeno	11 Veterans Day 11:00 Remembering our Veterans - Discuss and Share 12:00 Lunchtime 12:45 Let's Play Bingo	12 11:00 Let's Play - Left, Right, Center and Wii Games 12:00 Lunchtime 12:45 Cranberry Mixer! Mocktail and Game	13 World Kindness Day 11:00 Uplift with Michelle Solomon 12:00 Lunchtime 12:45 Celebrating World Kindness Day - Cards for Hospitalized Kids	 14
15 Have a Question? Ask Our Manager, Cherise! (845) 624-6334 Hours of Operation: Monday - Friday 10am -2pm	16 11:00 Let's Get Moving with Charlese 12:00 Lunchtime 12:45 Let's Play Music BINGO	17 10:30 Let's Go to ShopRite 11:00 Let's Play Jeopardy 12:00 Lunchtime 12:15 Afternoon DJ and Dancing from Healthfirst	18 Clarkstown Birthday Bash! 11:00 Music with Larry Bonafante 12:00 Lunchtime 12:45 Double Birthday Bingo	19 10:30 Let's Go to the Nyack Farmers' Market 11:00 Mindful Minutes: Coloring Pages and Word Searches 12:00 Lunchtime 12:45 Let's Play Granny Pants	20 10:30 Let's Play Pokeno 11:30 Lunchtime 12:15 Manicures with BOCES Cosmetology! (sign-up) 1:00 Let's Play HangTURKEY	21 Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110
 22	23 10:30 Word on the Street: Center Discussion 11:15 Let's Play Balloon Volleyball 12:00 Lunchtime 12:45 Let's Play Wii Games	24 10:30 Let's Go to Dollar Tree 11:00 It's Game Time: JENGA & Tabletop Games 12:00 Lunchtime 12:45 Let's Play Pokeno	25 11:00 What Am I? Thanksgiving Edition 12:00 Lunchtime 12:45 Let's Play Bingo!	26 Thanksgiving - Center Closed WE WILL BE CLOSED FOR THANKS GIVING	27 Day After Thanksgiving - Center Closed 	28 
 29	30 11:00 Scam Prevention and Awareness with the District Attorney's Office 12:00 Lunchtime 12:45 Let's Play Bingo					