



SENIOR ACTIVITY CENTERS

Together, We Thrive!

October 2026

- Social Worker

Trips

Exercise

Games

Painting/ Craft Project
- Musical Entertainment

Lunchtime

No Bake

Performances

Educational
- Movies

Discussion Groups/ Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Have a Question? Ask Our Manager, Sheila! 845-580-32292 Hours of Operation: Monday - Friday 10:00 AM - 2:00 PM		A Very Special Happy Birthday to: Barbara S. - 10/17 Susan F. - 10/18 Sheila P. (Manager) - 10/18 Cecaelia B. - 10/27 Tea M. - 10/31		10:30 Let's Go to Dollar Store (V.C.) 10:45 Mindful Minutes: Coloring Pages and Word Searches 12:00 Lunchtime 12:45 How Long Can You Keep The Volleyball In The Air?	World Smile Day 11:00 Open Enrollment Prep with Healthfirst! 12:00 Lunchtime 12:45 Afternoon Bingo	Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110
	10:45 Let's Play: Canasta & Rummikub Cube 12:00 Lunchtime 12:45 Dance, Exercise, and Rhythm with Dolan Williams!	10:30 Immunization Clinic with Stop & Shop Pharmacy 12:00 Lunchtime 12:45 Craft: Sweater Pumpkins	OFA Fall Fest - Centers Closed	10:30 No Bake: 10:45 Let's Play: Table Top Games 12:00 Lunchtime 12:45 Let's Play: Uno!	10:45 Friday Morning Bingo! 12:00 Lunchtime 12:45 Exercise with Rafael!	
	COLUMBUS DAY 10:45 Let's Play: Canasta & Rummikub Cube 12:00 Lunchtime 12:45 Let's Play: Bingo	11:00 Excelcare at Norwood: Presentation by Erika! 12:00 Lunchtime 12:45 Let's Play: Hangman	10:30 Project Council Meeting at the Nanuet Office 11:00 Let's Play: Super Trivia! 12:00 Lunchtime 12:45 The Poetry of Edgar Allan Poe with Red Monkey Theater Group	10:30 Let's Play: Table Top Games 11:00 Let's Go To: Hogan's 12:00 Lunchtime 12:45 Mindful Minutes: Coloring Pages and Word Searches	11:00 Let's Craft: Clothespin Bats for Halloween! 12:00 Lunchtime 12:45 Alzheimer's Association Presents: Brain Health & Wellness	
	10:45 Let's Play: Canasta & Rummikub Cube 12:00 Lunchtime 12:45 Let's Get Moving with Charlese!	Orangetown's Oktoberfest: Prost to Good Times! 10:30 Visit from the Social Worker 11:00 Oktoberfest Music with Ellen Lindstrom! 12:00 Lunchtime 12:45 Heads Up! How Long Can You Keep The Balloon in the Air?	ORANGETOWN BIRTHDAY BASH (50/50 Raffle) 11:00 Music with Hal Keshner! 12:00 Lunchtime 12:45 Double Birthday Bingo!	10:30 Let's Go To: ShopRite 10:45 Mindful Minutes: Coloring Pages and Word Searches 12:00 Lunchtime 12:45 Let's Play: Charades	10:00 Let's Go to Target! 10:45 Mindful Minutes: Coloring Pages and Word Searches 12:00 Lunchtime 12:45 Let's Play: Words in a Word	
	10:45 Let's Play: Canasta & Rummikub Cube 12:00 Lunchtime 12:45 Let's Play: Are You Smarter Than A Fifth Grader!?	10:30 Paint and Sip with Promenade Senior Living 12:00 Lunchtime 12:45 Let's Play: Jeopardy	11:00 Bite into Better Health: Nutrition Talk with James 12:00 Lunchtime 12:45 Lets Take An Afternoon Stroll	11:00 Drum Circle with Glenn Schloss! 12:00 Lunchtime 12:45 Let's Play: Knock the Pins Down!	HALLOWEEN COSTUME CONTEST 10:00 Movie Day at Orangetown 12:00 Lunchtime 12:45 It's a Sweet-Tooth Party!	