

September 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

		10:30 Paint and Sip with Promenade Senior Living! 🎨 12:00 Lunchtime! 🕒 1:00 Clubs or Spades? Let's Play Pokeno! 🎲	2 10:30 Let's Go to ShopRite! 🛒 11:00 It's Game Time: Uno and Dominos 🎲 12:00 Lunchtime! 🕒 12:45 Balance and Breathe: Qigong with Eduardo Parilla 🧘	3 11:00 Battle of the Bullseye: Let's Play Axe-Throwing! 🎯 12:00 Lunchtime! 🕒 12:45 Boots, Beats, Square and Line Dancing with Suzi Tipa! 🎶	4 11:00 Let's Play Bingo! 🎲 12:00 Lunchtime! 🕒 12:45 Exercise with Rafael! 🏃	
6 Have a Question? Ask Our Manager, Annette! (845) 356-2244 Hours of Operation: Monday - Friday 10am -2pm	7 Labor Day (Center Closed) Labor Day 🌟🌟🌟	8 10:30 Visit from the Case Worker A 11:00 Let's Get Moving with Charlese! 🏃 12:00 Lunchtime! 🕒 1:00 Clubs or Spades? Let's Play Pokeno! 🎲	9 11:00 Activity with Healthfirst 🏠 12:00 Lunchtime! 🕒 1:00 Ping Pong Tournament! 🏓	10 11:00 Self-Defense with Master Portante 🥋 12:00 Lunchtime! 🕒 1:00 Let's Play Hangman! 🎲	11 11:00 Presidential Recall: Can You Name Our Early Presidents? 🗳 12:00 Lunchtime! 🕒 12:45 Let's Play TGIF BINGO! 🎲	12 Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110
	14 10:30 Let's Go to Ocean State Job Lot! 🛒 11:00 Puzzle Corner: Word Searches and Dominoes 🎲 12:00 Lunchtime! 🕒 1:00 Word on the Street: Center Discussion 🗨	15 11:00 Let's Play Tuesday Morning Pokeno! 🎲 12:00 Lunchtime! 🕒 12:45 Horticultural Therapy with the Cornell Cooperative Extension: Wildflower Bouquets with Native Plants 🌿	16 Ramapo Birthday Bash!! 11:00 Music with Michelle Solomon! 🎶 12:00 Lunchtime! 🕒 1:00 Let's Play Double Birthday Bingo! 🎲	17 11:00 Let's Play Do You Remember? A Nostalgia Game 🎲 12:00 Lunchtime! 🕒 1:00 Groove and Get Moving with Dance Exercises 🏃	18 11:00 Let's Play Friday Morning Bingo! 🎲 12:00 Lunchtime! 🕒 12:45 Medicare Questions Answered! With Mark at Emerald Medicare 🗨	
	20 10:30 Let's Go to Dollar Tree! 🛒 11:00 Let's Play Bean Bag Toss! 🎯 12:00 Lunchtime! 🕒 12:45 Let's Play Bingo! 🎲	22 10:30 Let's Go to ShopRite! 🛒 11:00 Puzzle Corner: Word Searches and Crosswords 🎲 12:00 Lunchtime! 🕒 12:45 Clubs or Spades? Let's Play Pokeno! 🎲	23 Senator Bill Weber's Annual Senior Fair (Center Closed) Please SIGN UP	24 11:00 Food for Thought: Nutrition Program 🍴 12:00 Lunchtime! 🕒 1:00 Let's Play Bingo! 🎲	25 11:00 Battle of the Bullseye: Let's Play Axe-Throwing! 🎯 12:00 Lunchtime! 🕒 12:45 Music with Ray Longchamp! 🎶	
	27 National Good Neighbor Day 11:00 Celebrating National Good Neighbor Day: Bring a Tale of a Good Neighbor! 🗨 12:00 Lunchtime! 🕒 12:45 Balance and Breathe: Qigong with Eduardo Parilla 🧘	29 11:00 Let's Play: Tuesday Morning Pokeno! 🎲 12:00 Lunchtime! 🕒 12:45 Music with Peter Holmgren! 🎶	30 10:30 Let's Go to Target! 🛒 11:00 Mindful Minutes: Coloring Pages and Word Searches 🎨 12:00 Lunchtime! 🕒 12:45 Let's Play: Name That Tune 🎶			