

September 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

Have a Question?
Ask Our Manager, Sheila!
845-580-2292
Hours of Operation:
Monday - Friday
10:00 AM - 2:00 PM



1
10:30 Let's Go to: Target
10:45 Let's Play: Table Top Games
12:00 Lunchtime
12:45 Balance and Breathe: Qigong with Eduardo Parilla

2
10:45 Morning Stretching
12:00 Lunchtime
12:45 Let's Play: Jeopardy

3
10:45 Let's Play: Uno!
12:00 Lunchtime
12:45 Medicare Questions Answered! With Mark at Emerald Medicare

4
10:30 Let's Play: Are You Smarter Than a Fifth Grader?
12:00 Lunchtime
12:45 Let's Create: Pinecone Birdfeeders

5
Rockland County Office for the Aging:
Rockland County Executive Ed Day
845-638-5122
Director of Office for the Aging
Cheryl Dean-Ward
845-364-2110



6 Labor Day (Center Closed)
7
10:30 Let's Go to: Aldi
10:45 Tabletop Gaming!
12:00 Lunchtime
12:45 Music with Ray Longchamp!

8
10:30 Let's Play: Table Top Games
10:45 Let's Make: Protein Bars
12:00 Lunchtime
12:45 Activity with Healthfirst

9
11:00 Trivia: Guess the Far-Out Foods of the 1970s
12:00 Lunchtime
12:45 Let's Play: How Long Can You Keep the Ball in the Air

10
10:45 Friday Morning Bingo
12:00 Lunchtime
12:45 Let's Make: Summer/Fall Wreaths



13
10:45 Let's Play: Canasta & Rummikub Cube
12:00 Lunchtime
12:45 Let's Get Moving with Charlese!

14
10:30 Visit from the Social Worker
11:00 Self-Defense with Master Portante
12:00 Lunchtime
12:45 Let's Play: Jeopardy

15
ORANGETOWN BIRTHDAY BASH (50/50 Raffle)
11:00 Music with Eric Lipper!
12:00 Lunchtime
12:45 Double Birthday Bingo!

16
10:30 Let's Go to: Rockland Bakery
10:45 Let's Play: Table Top Games
12:00 Lunchtime
12:45 Let's Play: Scattergories

17
11:00 IvyRehab Presents: Improving Balance & Preventing Falls as We Age
12:00 Lunchtime
12:45 Afternoon Bingo



19
10:45 Let's Play: Canasta & Rummikub Cube
12:00 Lunchtime
12:45 Let's Play: I Should Have Known That!

20
10:30 Let's Go to: Marshalls
10:45 Mindful Minutes: Coloring Pages and Word Searches
12:00 Lunchtime
12:45 Celebrating Classical Music Month! Trivia and Discussion

21
Senator Bill Weber's Annual Senior Fair (Center Closed)
Please SIGN UP

22
10:15 Word on the Street: Center Discussion
11:00 Uplift with Michelle Solomon!
12:00 Lunchtime
12:45 Let's Play: The Logo Game

23
10:00 Movie Day at Orangetown
12:00 Lunchtime
12:45 Exercise with Rafael!



24
10:45 Let's Play: Canasta & Rummikub Cube
12:00 Lunchtime
12:45 Tai Chi with John Hood!

25
10:30 Let's Go to: ShopRite
10:45 Mindful Minutes: Coloring Pages and Word Searches
12:00 Lunchtime
12:45 Horticultural Therapy with the Cornell Cooperative Extension: Wildflower Bouquets with Native Plants

26
11:00 Food for Thought: Nutrition Program
12:00 Lunchtime
12:45 Let's Play: Words in a Word

