

September 2026

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

		11:00 Let's Play Scattergories 🎲 12:00 Lunchtime! 🕒 12:45 Music with Michelle Solomon! 🎵	11:00 Let's Play - BINGO ♥ 12:00 Lunchtime! 🕒 12:45 Feel the Rhythm -Drum Circle - Glenn Schloss 🎵	11:00 Memory Health Matters: Understanding Brain Wellness & the MERI Program 🧠 12:00 Lunchtime! 🕒 12:45 Self-Defense with Master Portante! 🥋	11:00 Let's Play - BINGO 🎲 12:00 Lunchtime! 🕒 12:45 Movies & Popcorn - Come From Away 🎬	
6 Have a Question? Ask our Manager, Jean! (845) 353-1311 Hours of Operation: Monday - Friday 10am-2pm	7 LABOR DAY (Center Closed) HAPPY LABOR DAY!	8 11:00 Let's Create - Summer Vibe Art of Choice 🎨 12:00 Lunchtime! 🕒 12:45 Balance and Breathe: Qigong with Eduardo Parilla 🧘	9 10:30 Shopping Trip - ShopRite 🛒 11:00 Board Games - Dominoes 🎲 12:00 Lunchtime! 🕒 12:45 Keep It Swinging-Noah Rosner & Matt Suffern 🎵	10 11:00 Let's Play - BINGO 🎲 12:00 Lunchtime! 🕒 12:45 Medicare Questions Answered! With Mark at Emerald Medicare 🧾	11 11:00 Let's Play -Name That Tune - Patriotic Songs 🎵 12:00 Lunchtime! 🕒 12:45 Music with Ray Longchamp! 🎵	12 Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110
	13 11:00 Let's Play - BINGO 🎲 12:00 Lunchtime! 🕒 12:45 Tai Chi with John Hood! 🧘	14 10:30 Shopping Trip - Burlington 🛒 11:00 Board Games - Rummikub 🎲 12:00 Lunchtime! 🕒 12:45 Let's Listen: Storytelling with Laurel B. 🗣️	15 Nyack Birthday/Pizza Bash 10:30 50/50 Raffle 🎲 11:00 Let's Play - BIRTHDAY BINGO 🎲 12:00 Lunchtime! 🕒 12:45 Musical Entertainer- Candyce Giaquint/Solo-Sings, Flute & Harmonica 🎵	16 11:00 CRAFTS - Sun Catchers with Frances 🎨 12:00 Lunchtime! 🕒 12:45 Let's Play - The Price Is Right 🎲	17 11:00 A Walk Around Town- Exploring The Neighborhood 🚶 12:00 Lunchtime! 🕒 12:45 Bite into Better Health: Nutrition Program 🥗	
	19 11:00 Let's Get Moving with Charlese! 🏃 12:00 Lunchtime! 🕒 12:45 Let's Play - BINGO 🎲	20 10:30 Visit from the Social Worker A 11:00 Food For Thought - Quizzes 📖 12:00 Lunchtime! 🕒 12:45 Activity with Healthfirst ♥	21 Senator Bill Weber's Annual Senior Fair (Center Closed) Please SIGN UP	22 11:00 Let's Play - Words in a Word 🗣️ 12:00 Lunchtime! 🕒 12:45 Uplift with Michelle Solomon! 🎵	23 10:30 Shopping Trip - TJMaxx 🛒 11:00 Board Games - This or That 🎲 12:00 Lunchtime! 🕒 12:45 Let's Play - BINGO 🎲	
	24 11:00 Monday Morning BINGO 🎲 12:00 Lunchtime! 🕒 12:45 Exercise with Rafael! 🏃	25 10:30 Shopping Trip - Lidl 🛒 11:00 Board Games -Left, Right, Center 🎲 12:00 Lunchtime! 🕒 12:45 Word on the Street - Center Discussion - Project Council ♥	26 11:00 Storytime with Tom Burns ★ 12:00 Lunchtime! 🕒 12:45 Horticultural Therapy with the Cornell Cooperative Extension: Wildflower Bouquets with Native Plants ♥			