



August 2026 Kosher

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
3 Hungarian Beef Goulash Mashed Potato California Blend	4 Bake Ziti w/ Cheese Baby Carrots Peas & Carrots	5 Sesame Chicken Leg Home Fries Mixed Vegetable	6 Beet Veggie Burger Bowtie Pasta w/ Kasha Spinach	7 Rosemary Chicken Home Fries Mixed Vegetable
10 Chicken and Broccoli Garlic Mashed Potatoes Green Beans	11 Turkey Meatloaf Mashed Potatoes Green Beans	12 Cheese Blintzes Carrots Green Peas	13 Baked Macaroni & Cheese Home Fries Italian Blend Vegetables	14 Lemon Salmon Egg Barley w/ Mushrooms Oriental Vegetable
17 Baked Fish w/ Sweet & Sour Sauce Brown Rice California Vegetable	18 Beef Meatballs w Tomato Sauce Spaghetti Peas & Carrots	19 Baked Ziti w/ Cheese Italian Green Beans Mixed Vegetable	20 Turkey bean Chili Seasoned Kasha Oriental Vegetable	21 Gefilte Fish Potato Kugel Carrots Tzimmes
24 Beef & Broccoli Stir Fry Peas & Carrots Glazed Sweet Potato	25 Baked Macaroni & Cheese Corn Spinach	26 Salmon Burger Orzo w/ Vegetables California Vegetable	27 Hawaiian Chicken Legs Home Fries Italian Vegetable	28 Artisan Beet Burger Bowtie Pasta w/ Kasha Broccoli w/ Roasted Garlic

Kosher certification upon request

Milk, bread, & dessert are included. Medically tailored meals will not follow the meal calendar.

845-624-6325

Meals are subject to availability

www.mowrockland.org

Packaged meals are under the kosher supervision of the  and Rabbi M. Unger of Mechon L'Kashrus

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost."