












SENIOR ACTIVITY CENTERS

Together, We Thrive!

July 2026

- Educational
- Musical Entertainment
- Trips
- Painting Project/ Crafts
- Game
- Lunchtime
- Exercise
- No Bake
- Movies

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			<p>1</p> <p>10:30 Let's Go Outside: Wednesday Morning Walk at Haverstraw Bay! 🚶</p> <p>11:00 It's Game Time: Cards and Dominoes 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play The Write Word Game: Games of Summer! 🎲</p>	<p>2</p> <p>10:30 Let's Go To Aldi's! 🚗</p> <p>11:00 Puzzle Corner: Word Searches 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play Bingo! 🎲</p>	<p>3</p> <p>Independence Day - Centers Closed</p> <p>*** HAPPY ***</p> <p>4th of July</p> <p>INDEPENDENCE DAY</p> <p>***</p>	<p>4</p> <p>Independence Day</p> 
<p>5</p> 	<p>6</p> <p>10:30 Let's Go to Rockland Bakery! 🚗</p> <p>11:00 Let's Play Tabletop Games! 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Place Your Bets On Double Bingo! 🎲</p>	<p>7</p> <p>11:00 Uplift with Michelle Solomon 🚶</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play: Pokeno! 🎲</p>	<p>8</p> <p>10:30 Let's Go to Burlington! 🚗</p> <p>11:00 Let's Play Scrabble 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play United Shapes of America! 🎲</p>	<p>9</p> <p>11:00 BINGO with Fidelis Care 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play Jeopardy! 🎲</p>	<p>10</p> <p>11:00 Friday Morning Exercise with Luke! 🚶</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play: What/When/Who Am I! 🎲</p>	<p>11</p> 
<p>12</p> <p>Have a Question? Ask Our Manager, Hilda! (845) 947-8005 Hours of Operation: Monday - Friday 10am-2pm</p>	<p>13</p> <p>10:30 Let's Go to Macy's! 🚗</p> <p>11:00 Crossword Puzzles 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Exercise with Rafael! 🚶</p>	<p>14</p> <p>11:00 Paint and Sip with Shy Diaz 🎨</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play: Pokeno! 🎲</p>	<p>15</p> <p>Haverstraw Birthday Bash! 50/50</p> <p>10:30 Let's Play Birthday Double Bingo! 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Music with Eric Lipper! 🎵</p>	<p>16</p> <p>11:00 Let's Play Word In A Word! 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play Bingo! 🎲</p>	<p>17</p> <p>11:00 Let's Play Bean Bag Toss! 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Exercise with Luke! 🚶</p>	<p>18</p> <p>Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110</p>
	<p>19</p> <p>11:00 Let's Get Moving with Charlese!</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Place Your Bets On Double Bingo! 🎲</p>	<p>20</p> <p>11:00 Zumba with Healthfirst! 🚶</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play: Pokeno! 🎲</p>	<p>21</p> <p>10:30 Let's Go to ShopRite! 🚗</p> <p>11:00 Tabletop Gaming! 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play EZ Patriotic Color Game! 🎲</p>	<p>22</p> <p>Hudson River Boat Trip</p> 	<p>23</p> <p>10:30 Friday Morning Movie! 🎬</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 I Scream, You Scream, We All Scream for Ice Cream: Build Your Own Sundaes! 🍦</p>	<p>24</p> <p>10:30 Friday Morning Movie! 🎬</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 I Scream, You Scream, We All Scream for Ice Cream: Build Your Own Sundaes! 🍦</p>
	<p>26</p> <p>11:00 Place Your Bets On Double Bingo! 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Music with Michelle Solomon 🎵</p>	<p>27</p> <p>10:45 Let's Play: Pokeno! 🎲</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Do Gentle Exercise Moves with Luke! 🚶</p>	<p>28</p> <p>11:00 Balance and Breathe: Qigong with Eduardo Parilla 🚶</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Food for Thought: Nutrition Program 🍴</p>	<p>29</p> <p>11:00 Let's Play Monopoly! 🎲</p> <p>11:30 Restaurant Trip: Bellissimo Ristorante! 🚗</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play Bingo!</p>	<p>30</p> <p>11:00 Feel the Beat: Drum Circle with Glenn Schloss 🎵</p> <p>12:00 Lunchtime! 🍴</p> <p>12:45 Let's Play Skee-Ball! 🎲</p>	<p>31</p> 