

July 2026

- Exercise
- Social Worker
- Musical Entertainment
- Trips
- Lunchtime
- Games
- No-Bake
- Painting/ Craft Project
- Discussion Groups/ Activities
- Movie
- Performances
- Educational

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 11:00 Let's Play Pokeno! 🎲 12:00 Lunchtime! 🍴 12:45 Hammer's Remembering Presents: Michael Jackson 🎵	2 11:00 Uplift with Michelle Solomon 🎵 12:00 Lunchtime! 🍴 12:30 Fourth of July Showing: Jaws 🎬	3 Independence Day (Observed) - Centers Closed *** HAPPY *** 4th of July INDEPENDENCE DAY ***	4 Independence Day *** UNITED STATES OF AMERICA 250th ANNIVERSARY ★ 1776 - 2026 ★
5 	6 11:00 Let's Listen and Play: Name that Tune! 🎵 12:00 Lunchtime! 🍴 12:45 Dance, Exercise, and Rhythm with Dolan Williams! 🕺	7 10:30 Visit from the Case Worker 11:00 It's Game Time: Cards, Dominoes, & Tabletop Games 🎲 12:00 Lunchtime! 🍴 12:45 Games with Healthfirst! ❤️	8 11:00 Paint and Sip with Shy Diaz 🎨 12:00 Lunchtime! 🍴 12:45 Let's Play: Bingo! 🎲	9 11:00 Balance and Breathe: Qigong with Eduardo Parilla 🧘 12:00 Lunchtime! 🍴 12:45 Word on the Street: Center Discussion ❤️	10 10:45 Karaoke with Katie from Elite Certified Recreation ★ 12:00 Lunchtime! 🍴 12:45 TGIF BINGO! 🎲	11 
12 Have a Question? Ask Our Manager, Matthew! (845) 624-6334 Hours of Operation: Monday - Friday 10am - 2pm	13 11:00 Mindful Minutes: Coloring Pages and Word Searches ❤️ 11:30 Let's Go to Lunch: Joe and Joe Restaurant (sign-up required) 🍴 12:00 Lunchtime! 🍴 12:45 Let's Play Monday Afternoon Bingo! 🎲	14 11:00 Food for Thought: Nutrition Program 📖 12:00 Lunchtime! 🍴 12:45 Afternoon Workout: Exercise with Eileen! 🕺	15 Clarkstown Birthday Bash! 10:45 Steel Drums with Jean-Claude 🎵 12:00 Lunchtime! 🍴 12:45 Double Birthday Bingo! 🎲	16 10:30 Let's Go to ShopRite! 🛒 10:45 It's Game Time: Cards, Dominoes, & Tabletop Games 🎲 12:00 Lunchtime! 🍴 12:45 Let's Craft: Summertime Wreaths with Cocktail Umbrellas! 🎨	17 11:00 Let's Play Pokeno! 🎲 12:00 Lunchtime! 🍴 12:45 Exercise with Rafael! 🕺	18 Rockland County Office for the Aging: Rockland County Executive: Ed Day 845-638-5122 Director of Office for the Aging: Cheryl Dean-Ward 845-364-2110
19 National Ice Cream Day 🍦 	20 10:30 Let's Go to T.J.Maxx 🛒 11:00 Puzzle Corner: Word Searches and Games 🎲 12:00 Lunchtime! 🍴 12:45 One Scoop or Two? Celebrating National Ice Cream Day ❤️	21 11:00 Let's Play Pokeno! 🎲 12:00 Lunchtime! 🍴 12:45 Let's Play: Balloon Volleyball! 🕺	22 10:30 No Bake: Summer Icebox Cake 🍰 12:00 Lunchtime! 🍴 12:45 Brain Boost: Let's Play Jeopardy! 🎲	23 Hudson River Boat Trip 	24 11:00 BINGO with Fidelis Care 🎲 12:00 Lunchtime! 🍴 12:45 Paradise Punch: Tropical Mocktail Mixer 🍹	25 
26 	27 11:00 Let's Get Moving with Charlese! 🕺 12:00 Lunchtime! 🍴 12:45 Let's Play Monday Afternoon Bingo! 🎲	28 10:30 Let's Go to ShopRite! 🛒 11:00 Puzzle Corner: Word Searches and Games 🎲 12:00 Lunchtime! 🍴 12:45 Let's Play: Who Am I? Guess the Summer Item! 🎲	29 11:00 Let's Play: Word in a Word 🎲 12:00 Lunchtime! 🍴 12:45 Paint and Sip with the Promenade at Blue Hill 🎨	30 10:30 Let's Go Learn: Holocaust Museum and Center for Tolerance and Education 📖 11:00 Puzzle Corner: Word Searches and Tabletop Games 🎲 12:00 Lunchtime! 🍴 12:45 Strike! Let's Play Wii Bowling 🎲	31 11:00 TGIF BINGO! 🎲 12:00 Lunchtime! 🍴 12:45 Music with Michelle Solomon 🎵	