

June 2026

- Trips
- No Bake
- Painting/ Craft Project
- Games
- Speakers
- Musical Entertainment
- Lunchtime
- Exercise
- Social Worker
- Discussion Groups/Activities
- Performances
- Educational

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

	<p>1 11:00 Let's Get Moving with Charlese! </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play - BINGO </p>	<p>2 10:30 Let's Go Shopping - ShopRite </p> <p>11:00 Let's Play Tabletop Games - Dominoes </p> <p>12:00 Lunchtime </p> <p>12:45 Excelcare at Norwood: Presentation by Erika! </p>	<p>3 11:00 Let's Play - Chair Soccer </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play Wacky Wordies </p>	<p>4 Senior Picnic! Centers Closed</p>	<p>5 11:00 Let's Play - Morning Bingo </p> <p>12:00 Lunchtime </p> <p>12:45 Celebrate 250 Years of American Dance! With Debra Weiss </p>	
<p>7 Have a Question? Ask our Manager, Jean! (845) 353-1311 <u>Hours of Operation:</u> Monday - Friday 10am-2pm</p>	<p>8 11:00 Let's Play - What is... Jeopardy </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Listen: Storytelling with Laurel B. </p>	<p>9 11:00 Let's Do - Chair Exercises </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play - Price is Right </p>	<p>10 11:00 Let's Play - Winner's Edition BINGO </p> <p>12:00 Lunchtime </p> <p>12:30 Sweet Victory! Boot Camp Winner Grand Prize: Ice Cream Truck! </p> <p>12:45 Word Searches & Puzzles </p>	<p>11 11:00 Uplift with Michelle Solomon </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play - You Be the Judge </p>	<p>12 10:30 Let's Go Shopping - Dollar Tree </p> <p>11:00 Let's Play Tabletop Games - Checkers </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play - BINGO </p>	<p>13 Rockland County Office for the Aging: Rockland County Executive: Ed Day 845-368-5122 Director of Office for the Aging: Cheryl Dean-Ward 845-364-2110</p>
	<p>14 11:00 Bite into Better Health: Nutrition Talk with James </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play Bingo </p>	<p>15 11:00 Let's Do - Arts & Craft with Mary Ellen </p> <p>12:00 Lunchtime </p> <p>12:45 Combat Control: Self-Defense Training with Master Portante </p>	<p>16 11:00 Let's Do - Arts & Craft with Mary Ellen </p> <p>12:00 Lunchtime </p> <p>12:45 Combat Control: Self-Defense Training with Master Portante </p>	<p>17 Nyack Birthday Bash! Pizza Party</p> <p>10:30 50/50 </p> <p>11:00 Let's Play - BINGO </p> <p>12:00 Lunchtime </p> <p>12:45 Music with Peter Holmgren! </p>	<p>18 11:00 No Bake- Twinkies Spring Cake w/Frances </p> <p>12:00 Lunchtime </p> <p>12:45 Hammer's Remembering Presents: Rhythm 'n' Blues & Soul (thru the '60s) </p>	<p>19 Juneteenth</p> <p>10:30 Let's Go Shopping - TJMaxx </p> <p>11:00 Let's Play Tabletop Games - Head Bandz </p> <p>12:00 Lunchtime </p> <p>12:45 Juneteenth Musical Celebration - Nyack Library </p>
	<p>20 WELCOME SUMMER!!!!</p> <p>11:00 Balance and Breathe: Qigong with Eduardo Parilla </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play - Indoor Golf </p>	<p>21 11:00 Visit from the Social Worker </p> <p>12:00 Lunchtime </p> <p>12:45 Horticultural Therapy with the Cornell Cooperative Extension: Seed Starting </p>	<p>22 10:30 Let's Go Shopping - Walmart </p> <p>11:00 Let's Play Board Games - Word Yahtzee </p> <p>12:00 Lunchtime </p> <p>12:45 Word On the Street - Center Discussion </p>	<p>23 11:00 Current Events - Discussion </p> <p>12:00 Lunchtime </p> <p>12:45 Zumba with Healthfirst! </p>	<p>24 11:00 Let's Play - Name That Tune! </p> <p>12:00 Lunchtime </p> <p>12:45 Feel-good Fitness with Rafael! </p>	<p>25 27 </p>
	<p>26 11:00 Let's Play - The Price is Right </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play - BINGO </p>	<p>27 10:30 Let's Go Shopping - ShopRite </p> <p>11:00 Let's Play Board Games - Rummikub </p> <p>12:00 Lunchtime </p> <p>12:45 Music with Ray Longchamp! </p>				