





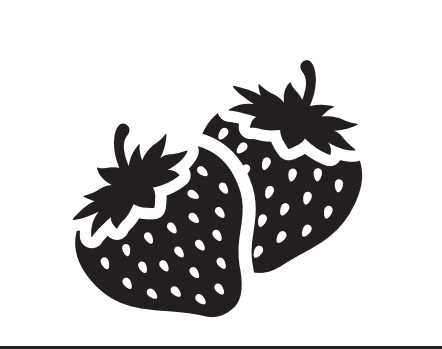




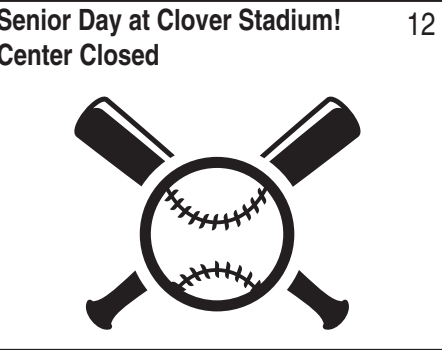



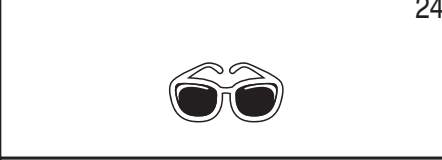



SENIOR ACTIVITY CENTERS

Together, We Thrive!

May 2026

- Games
- Musical Entertainment
- Speakers
- Lunchtime
- Exercise

- Painting/ Craft Project
- Trips
- Educational
- Discussion Groups/ Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					May Day 10:45 TGIF BINGO! ♥ 12:00 Lunchtime! ♪ 12:45 Exercise with Rafael! ⚡	
3 Have a Question? Ask Our Manager, Annette! (845) 624-6334 Hours of Operation: Monday - Friday 10am -2pm	4 10:30 May Calendar Review ♥ 10:45 Puzzle Corner: Word Searches and Games 🎲 12:00 Lunchtime! ♪ 12:45 Fitness with Dolan Williams ⚡	5 Cinco de Mayo 10:45 Let's Play Pokeno! 🎲 12:00 Lunchtime! ♪ 12:45 Horticultural Therapy with the Cornell Cooperative Extension: Botanical Prints ♥	6 10:30 Let's Go to Dollar Tree 🛒 10:45 Word Games and Puzzles 🎲 12:00 Lunchtime! ♪ 12:45 Let's Play Bingo! 🎲	7 10:45 Project Council Meeting 🛒 11:00 Let's Play Chair Soccer! ⚡ 12:00 Lunchtime! ♪ 12:45 Let's Craft: Purse Charms/Keychains 🎨	8 11:00 Qigong with Eduardo Parilla ⚡ 12:00 Lunchtime! ♪ 12:45 TGIF BINGO! ♥	9 Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110
10 Mother's Day 	11 11:00 And the Rest is History! Presentation with Marty Cohen 🎤 12:00 Lunchtime! ♪ 12:45 Let's Play Pokeno! 🎲	12 Senior Day at Clover Stadium! Center Closed 	13 11:00 Nutrition with Gitty! 📖 12:00 Lunchtime! ♪ 12:45 Let's Play Bean Bag Toss! ⚡	14 10:30 Let's Go to ShopRite 🛒 10:45 Guess & Reveal: Let's Play Hangman! 🎲 12:00 Lunchtime! ♪ 12:45 Let's Play Wii Games! 🎮	15 11:00 Gleeeful Wellness with Shlomit! ⚡ 12:00 Lunchtime! ♪ 12:45 TGIF BINGO! ♥	16 
17 	18 10:45 Deck of Fun: Let's Play Cards! 🎲 12:00 Lunchtime! ♪ 12:45 Let's Get Moving with Charlese! ⚡	19 10:30 Let's Go to Aldi 🛒 10:45 Guess & Reveal: Let's Play Hangman! 🎲 12:00 Lunchtime! ♪ 12:45 Let's Play Pokeno! 🎲	20 Ramapo Birthday Bash!! 10:45 Double Birthday Bingo! 🎲 12:00 Lunchtime! ♪ 1:00 Steel Drums with Jean-Claude 🎵	21 10:45 Let's Craft: Bouquet Collages 🎨 12:00 Lunchtime! ♪ 12:45 Brain Boost: Let's Play Jeopardy! 🎲	22 11:00 BINGO with Fidelis Care 🎲 12:00 Lunchtime! ♪ 12:45 Battle of the Bullseye: Let's Play Axe-Throwing! 🎲	23 
24 	25 Memorial Day - Center Closed 	26 10:45 Let's Play Pokeno! 🎲 12:00 Lunchtime! ♪ 12:45 Rethink Your Drink and Zumba with Healthfirst ⚡	27 10:30 Let's Go to ShopRite 🛒 10:45 Deck of Fun: Let's Play Cards! 🎲 12:00 Lunchtime! ♪ 12:45 Let's Play Bingo! 🎲	28 11:00 Music with Eric Lipper! 🎵 12:00 Lunchtime! ♪ 12:45 Let's Play Uno! 🎲	29 10:45 TGIF BINGO! ♥ 12:00 Lunchtime! ♪ 12:45 Qigong with Eduardo Parilla ⚡	30 
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