



SENIOR ACTIVITY CENTERS

Together, We Thrive!

May 2026

- 👤 Social Worker
- 🎨 Painting/ Craft Project
- ♥ Discussion Groups/ Activities
- 🚗 Trips
- 🎵 Musical Entertainment
- 🏃 Exercise
- 🕒 Lunchtime
- 🗣️ Speakers
- 🍪 No Bake
- 🎲 Games
- 🎬 Movies

Sunday Monday Tuesday Wednesday Thursday Friday Saturday

<p>Have a Question? Ask Our Manger, Sheila! 845-580-2292 Hours of Operation: Monday - Friday 10:00 AM - 2:00 PM</p>						<p>1 10:30 Walking Piermont Pier 🚶🏃 12:00 Lunchtime 🕒 12:45 Let's Play: Price Is Right 🎲</p>	
<p>3 A Special Birthday To: Theresa C. - 5/8 Edwina P. - 5/9 Dorothy S. - 5/11</p>	<p>4 10:45 Let's Play: Canasta & Rummikub Cube 🎲 12:00 Lunchtime 🕒 12:45 Let's Get Moving with Charlese! 🚶🏃</p>	<p>5 Cinco de Mayo 10:30 Let's Go to: Target 🛒 11:00 It's Game Time: Let's Play Cards and Tabletop Games 🎲 12:00 Lunchtime 🕒 12:45 Let's Play: Jeopardy 🎲</p>	<p>6 10:45 Move That Body With Chair Yoga! 🚶🏃 12:00 Lunchtime 🕒 12:45 Let's Play: Wheel of Fortune! 🎲</p>	<p>7 10:30 Let's Play Pictionary 🎲 10:45 Project Council Meeting at Nanuet Office ♥ 12:00 Lunchtime 🕒 12:45 Let's Play: How Long Can You Keep the Ball in the Air 🎲</p>	<p>8 10:45 Let's Play: Uno! 🎲 12:00 Lunchtime 🕒 12:45 Exercise with Rafael! 🚶🏃</p>	<p>9 Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110</p>	
<p>10 ***HAPPY MOTHER'S DAY***</p>	<p>11 11:00 Nutrition with Gitty! 🗣️ 12:00 Lunchtime 🕒 12:45 Let's Play: Canasta & Rummikub Cube 🎲</p>	<p>12 Senior Day at Clover Stadium! Center Closed</p>	<p>13 10:30 Let's Go To: Aldi 🛒 10:45 Puzzle Corner: Word Searches and Crosswords 12:00 Lunchtime 🕒 12:45 Qigong with Eduardo Parilla 🚶🏃</p>	<p>14 10:30 No Bake: Vanilla Espresso Bites 🍪 12:00 Lunchtime 🕒 12:45 Music Bingo with Healthfirst 🎲</p>	<p>15 10:30 Let's Go To: Amazing Savings 🛒 10:45 It's Game Time: Let's Play Cards and Tabletop Games 12:00 Lunchtime 🕒 12:45 Horticultural Therapy with the Cornell Cooperative Extension: Botanical Prints ♥</p>	<p>16</p>	
<p>17</p>	<p>18 10:45 Fitness with Dolan Williams 🚶🏃 12:00 Lunchtime 🕒 12:45 Let's Play: Canasta & Rummikub Cube 🎲</p>	<p>19 10:30 Visit from the Social Worker 👤 11:00 BINGO with Fidelis Care 🎲 12:00 Lunchtime 🕒 12:45 Let's Play: Hangman 🎲</p>	<p>20 Orangetown Birthday Bash (50/50 Raffle) 11:00 Music with Michelle Solomon 🎵 12:00 Lunchtime 🕒 12:45 Double Birthday Bingo! 🎲</p>	<p>21 10:30 Let's Go To: Marshalls 🛒 10:45 It's Game Time: Let's Play Cards and Tabletop Games 🎲 12:00 Lunchtime 🕒 12:45 Let's Play: Are You Smarter Than A Fifth Grader!? 🎲</p>	<p>22 10:00 Movie Day at Orangetown 🎬 12:00 Lunchtime 🕒 12:45 Let's Play: Charades 🎲</p>	<p>23</p>	
<p>24</p>	<p>25 Memorial Day - Center Closed</p>	<p>26 11:00 Music with Eric Lipper! 🎵 12:00 Lunchtime 🕒 12:45 Orangetown Walking Club: Let's Walk to the Park 🚶🏃</p>	<p>27 10:45 Craft: Springtime Painting! 🎨 12:00 Lunchtime 🕒 12:45 Qigong with Eduardo Parilla 🚶🏃</p>	<p>28 10:30 Puzzle Corner: Word Searches and Crosswords 🎲 11:45 Let's Go To: 76' House 🛒 12:00 Lunchtime 🕒 12:45 Let's Play: Table Top Games 🎲</p>	<p>29 11:00 Gleeful Wellness with Shlomit! 🚶🏃 12:00 Lunchtime 🕒 12:45 Friday Afternoon Bingo 🎲</p>	<p>30</p>	
<p>31</p>							