



**SENIOR ACTIVITY CENTERS**

*Together, We Thrive!*

# May 2026

- Trips
- Painting/ Craft Project
- Games
- Speakers
- Musical Entertainment
- Lunchtime
- Exercise
- Social Worker
- Discussion Groups/Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p><b>Have a Question?</b> Ask Our Manager, Jean! (845) 353-1311 Hours of Operation: Monday - Friday 10am - 2pm</p>	<p>National Barbecue Month</p>			<p>Happy May Day</p>	<p><b>May Day Celebration</b> 1 11:00 Spring Celebration - History of the Maypole Dance 🎵 12:00 Lunchtime 🍴 12:45 Let's Play - BINGO 🎲</p>	<p>2 Rockland County Office for the Aging: <b>Rockland County Executive: Ed Day</b> 845-638-5122 <b>Director of Office for the Aging Cheryl Dean-Ward</b> 845-364-2110</p>
	<p>3 11:00 Nutrition with Gitty! 🍴 12:00 Lunchtime 🍴 12:45 Qigong with Eduardo Parilla 🧘</p>	<p>4 <b>Cinco de Mayo</b> 5 10:30 Let's Go Shopping- ShopRite 🛒 10:45 Let's Play - Tabletop Games 🎲 12:00 Lunchtime 🍴 12:45 Let's Play - Bingo en Español 🎲</p>	<p>6 11:00 Let's Play Wacky Wordies 🎲 12:00 Lunchtime 🍴 12:45 Paint and Sip with the Promenade at Blue Hill 🎨</p>	<p>7 10:45 <b>Project Council Meeting</b> 🚌 11:00 Let's Play: Tabletop Games - Pokeno 🎲 12:00 Lunchtime 🍴 12:45 Let's Play - BINGO</p>	<p>8 10:45 Let's Play - What's The Scoop 🎲 12:00 Lunchtime 🍴 12:45 <b>Let's Listen: Storytelling with Laurel B.</b> 🗣️</p>	
	<p>10 <b>Mother's Day Celebration</b> 11 11:00 Let's Get Moving with Charlese! 🧘 12:00 Lunchtime 🍴 12:45 Afternoon High Tea 🍵</p>	<p>12 <b>Senior Day at Clover Stadium! Center Closed</b></p>	<p>13 10:30 Let's Go Shopping - Kohl's 🛒 11:00 Let's Play Board Games - Dominoes 🎲 12:00 Lunchtime 🍴 12:45 Let's Play - Bingo 🎲</p>	<p>14 11:00 Let's Make Decorative Jars - Mary Ellen 🍷 12:00 Lunchtime 🍴 12:45 <b>Steel Drums with Jean-Claude</b> 🎵</p>	<p>15 11:00 Qigong with Eduardo Parilla 🧘 12:00 Lunchtime 🍴 12:45 Let's Play - BINGO 🎲</p>	
	<p>17 11:00 <b>BINGO with Fidelis Care</b> 🎲 12:00 Lunchtime 🍴 12:45 Let's Play - The Price is Right 🎲</p>	<p>18 19 10:30 Let's Go Shopping- Ocean State Job Lot 🛒 11:00 Let's Play Board Games - Jenga 🎲 12:00 Lunchtime 🍴 12:45 Let's Play Bingo 🎲</p>	<p>20 <b>Nyack Birthday Bash! Pizza Party</b> 10:45 Let's Play: Birthday Double Bingo! 🎲 12:00 Lunchtime 🍴 12:45 <b>Music with Hal Keshner!</b> 🎵</p>	<p>21 10:45 <b>Let's Craft: Bouquet Collages</b> 🎨 12:00 Lunchtime 🍴 12:45 Patriotic Salute - Rockland Choral Society 🎵</p>	<p>22 11:00 Let's Play - Pictionary 12:00 Lunchtime 🍴 12:45 <b>Exercise with Rafael!</b> 🧘</p>	
	<p>24 <b>Memorial Day - Center Closed</b> 25</p>	<p>26 10:30 Visit from the Social Worker 🗣️ 11:00 Rethink Your Drink and Zumba with Healthfirst 🧘 12:00 Lunchtime 🍴 12:45 Let's Play Afternoon Bingo 🎲</p>	<p>27 10:30 Let's Go Shopping- Aldi 🛒 11:00 Let's Play Board Games - Rummikub 🎲 12:00 Lunchtime 🍴 12:45 <b>Horticultural Therapy with the Cornell Cooperative Extension: Botanical Prints</b> 🍷</p>	<p>28 11:00 Let's Play - Finish the Song Lyrics 🎲 12:00 Lunchtime 🍴 12:45 <b>Music with Eric Lipper!</b> 🎵</p>	<p>29 11:00 Let's Play - Friday Morning Bingo 12:00 Lunchtime 🍴 12:45 <b>Gleeful Wellness with Shlomit!</b> 🧘</p>	
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