



# May 2026 Kosher

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				<b>1</b> Gefilte Fish Vegetable Mix Carrots Tzimmes
<b>4</b> Teriyaki Chicken Legs Glazed Sweet Potatoes Vegetable Mix	<b>5</b> Lemon Salmon Egg Barley w/ Mushrooms Steamed Carrots	<b>6</b> Baked Macaroni & Cheese Corn Niblets Steamed Green Beans	<b>7</b> Turkey Meatloaf w/ Mushroom Gravy Homemade Mashed Potatoes California Vegetables	<b>8</b> Cheese Blintzes Corn Niblets Oriental Blend Vegetables
<b>11</b> Beef Salisbury Steak w/ Mushroom Sauce Glazed Sweet Potatoes Italian Cut Green Beans	<b>12</b> Easy Breaded Fish Fillets Roasted Spiced Red Potatoes Broccoli w/ Toasted Garlic	<b>13</b> Honey Mustard Chicken Drumstick Home Fries Carrots & Green Beans	<b>14</b> Gefilte Fish Potato Kugel Carrot Tzimmes	<b>15</b> Stuffed Shells w/ Cheese Orzo Steamed Broccoli
<b>18</b> Baked Asian Style Honey Chicken Bowtie Pasta w/ Kasha California Blend Vegetable	<b>19</b> Turkey Meatloaf w/ Mushroom Gravy Glazed Sweet Potatoes Italian Cut Green Beans	<b>20</b> Cheese Blintzes Corn Niblets Sauteed Zucchini	<b>21</b> Beef Meatballs in Tomato Sauce Spaghetti Sauteed Green Beans	<b>22</b> Baked Fish w/ Sweet & Sour Sauce Potato Kugel Carrot Tzimmes
<b>25</b> Artisan Beet Veggie Burger Bowtie Pasta w/ Kasha Baby Carrots & Parsley	<b>26</b> Chinese Style Chicken Patty Egg Barley w/ Mushrooms Steamed Green Beans	<b>27</b> Cheese Blintzes Sauteed Spinach Steamed Carrots & Green Beans	<b>28</b> Turkey Meatloaf w/ Mushroom Gravy Garlic Mashed Potatoes Steamed Zucchini	<b>29</b> Lemon Salmon Potato Kugel Carrot Tzimmes

***Kosher certification upon request***

Milk, bread, juice, & dessert are included. Medically tailored meals will not follow the meal calendar.

**845-624-6325**

Meals are subject to availability

[www.mowrockland.org](http://www.mowrockland.org)

Packaged meals are under the kosher supervision of the and Rabbi M. Unger of Mechon L'Kashrus

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost."