



















SENIOR ACTIVITY CENTERS

Together, We Thrive!

May 2026

- Educational
- Musical Entertainment
- Trips
- Painting Project/ Crafts
- Discussion Groups/ Activities
- Game
- Lunchtime
- Exercise
- Movies

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						
<p>3</p> <p>Have a Question? Ask Our Manager, Hilda! (845) 947-8005 Hours of Operation: Monday - Friday 10am-2pm</p>	<p>4</p> <p>10:30 Let's Go to Stew Leonard's! 10:45 It's Game Time: Let's Play Tabletop Classics 12:00 Lunchtime 12:45 Music Bingo with Healthfirst</p>	<p>5</p> <p>Cinco de Mayo 11:00 Uplift with Michelle Solomon 12:00 Lunchtime 12:45 Let's Play: Pokeno!</p>	<p>6</p> <p>11:00 Nutrition with Gitty! 12:00 Lunchtime 12:45 Qigong with Eduardo Parilla</p>	<p>7</p> <p>10:30 Let's Play Logo Trivia! 10:45 Project Council Meeting 12:00 Lunchtime 12:45 Let's Play Bingo!</p>	<p>8</p> <p>May Day 11:00 Let's Play Word Association! 12:00 Lunchtime 12:45 It's Game Time: Let's Play Chair Hockey!</p> <p>10:45 Let's Craft: Bouquet Collages 12:00 Lunchtime 12:45 Let's Play Bean Bag Toss!</p>	<p>9</p> <p>Rockland County Office for the Aging: Rockland County Executive: Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110</p>
<p>10</p> <p>Mother's Day</p> <p style="font-size: 2em; font-family: cursive;">Mother's Day</p>	<p>11</p> <p>11:00 BINGO with Fidelis Care 12:00 Lunchtime 12:45 Let's Play To A "T"!</p>	<p>12</p> <p>Senior Day at Clover Stadium! Center Closed</p> <p style="text-align: center;">  </p>	<p>13</p> <p>10:30 Let's Go to Kohl's 10:45 Puzzle Corner: Word Searches and Crosswords 12:00 Lunchtime 12:45 Let's Make May Flowers!</p>	<p>14</p> <p>10:45 Let's Play Bingo! 12:00 Lunchtime 12:45 Horticultural Therapy with the Cornell Cooperative Extension: Botanical Prints</p>	<p>15</p> <p>10:30 Friday Morning Movie! 12:00 Lunchtime 12:45 Gleeeful Wellness with Shlomit!</p>	<p>16</p> <p style="text-align: center;">  </p>
<p>17</p> <p style="text-align: center;">  </p>	<p>18</p> <p>10:45 Home Energy Savings: Energy Kit Workshop with the Cornell Cooperative Extension 12:00 Lunchtime 12:45 Fitness with Dolan Williams</p>	<p>19</p> <p>10:45 Let's Paint: Butterfly Bliss 12:00 Lunchtime 12:45 Let's Play: Pokeno!</p>	<p>20</p> <p>Haverstraw Birthday Bash (50/50) 11:00 Steel Drums with Jean-Claude 12:00 Lunchtime 12:45 Double Birthday Bingo!</p>	<p>21</p> <p>10:30 Let's Go to Dollar Tree! 10:45 Let's Play Tabletop Games! 12:00 Lunchtime 12:45 Brain Boost: Let's Play Jeopardy!</p>	<p>22</p> <p>11:00 Qigong with Eduardo Parilla 12:00 Lunchtime 12:45 Let's Finish The Song Lyric!</p>	<p>23</p> <p style="text-align: center;">  </p>
<p>24</p> <p style="text-align: center;">  </p>	<p>25</p> <p>Memorial Day - Center Closed</p> <p style="text-align: center;">  </p>	<p>26</p> <p>11:00 Let's Get Moving with Charles! 12:00 Lunchtime 12:45 Let's Play: Pokeno!</p>	<p>27</p> <p>10:30 Ceramic Painting at Jill's Ceramics (fee required) 10:45 Puzzle Corner: Word Searches and Crosswords 12:00 Lunchtime 12:45 Let's Play Five Clues: What Tool Is It?</p>	<p>28</p> <p>10:30 Let's Go to ShopRite! 10:45 Morning Mindfulness: Word Searches and Coloring Time 12:00 Lunchtime 12:45 Let's Play Homophone Hotline!</p>	<p>29</p> <p>10:45 Let's Play Friday Morning Bingo! 12:00 Lunchtime 12:45 Exercise with Rafael!</p>	<p>30</p> <p style="text-align: center;">  </p>
<p>31</p> <p style="text-align: center;">  </p>	<p>31</p> <p style="text-align: center;">  </p>					