

# March 2026

- Educational
- Musical Entertainment
- Trips
- Painting Project/ Crafts
- Discussion Groups/ Activities
- Game
- Lunchtime
- Exercise
- Performances

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>MEALS on WHEELS</b> ROCKLAND	<p>1</p> <p>10:45 St. Patrick's Day Tree Decoration </p> <p>12:00 Lunchtime </p> <p>12:45 Place Your Bets On Double Bingo! </p>	<p>2</p> <p>10:45 Let's Play: Pokeno! </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play Jeopardy! </p>	<p>3</p> <p>10:30 Let's Go to ShopRite! </p> <p>10:45 Let's Play Tabletop Games! </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play Bean Bag Toss! </p>	<p>4</p> <p>10:45 Let's Play Thursday Morning Bingo! </p> <p>12:00 Lunchtime </p> <p>12:45 Music with Ray Longchamp </p>	<p>5</p> <p>11:00 Music with Eric Lipper </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play Word In A Word! </p>	 <b>ROCKLAND COUNTY</b> OFFICE FOR THE AGING
<p>8</p> <p><b>Have a Question?</b> Ask Our Manager, Hilda! (845) 947-8005 <u>Hours of Operation:</u> Monday - Friday 10am - 2pm</p>	<p>9</p> <p>11:00 Yoga with Terry! </p> <p>12:00 Lunchtime </p> <p>12:45 Place Your Bets On Double Bingo! </p>	<p>10</p> <p>10:30 Let's Go to Burlington! </p> <p>10:45 Let's Play Word Searches and Crossword Puzzles! </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play: Pokeno! </p>	<p>11</p> <p>11:00 Nutrition with Gitty! </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play Chair Hockey! </p>	<p>12</p> <p>11:00 Self-Defense w/ Master Portante </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play Thursday Afternoon Bingo! </p>	<p>13</p> <p>10:45 Let's Play The Logo Game! </p> <p>12:00 Lunchtime </p> <p>12:45 Exercise with Rafael! </p>	<p>14</p> <p>Rockland County Office for the Aging: <b>Rockland County Executive:</b> <b>Ed Day</b> 845-638-5122 <b>Director of Office for the Aging Cheryl Dean-Ward</b> 845-364-2110</p>
 <b>HAPPY ST. PATRICK'S DAY</b>	<p>15</p> <p>10:45 Place Your Bets On Double Bingo! </p> <p>12:00 Lunchtime </p> <p>12:45 Tai Chi with John Hood </p>	<p>16</p> <p>10:45 Let's Play: Pokeno! </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play Truth or Blarney </p>	<p>17</p> <p>11:00 Music with Hal Keshner! </p> <p>12:00 Lunchtime </p> <p>12:45 Double Birthday Bingo! </p>	<p>18</p> <p>10:30 Let's Go to Dollar Tree! </p> <p>10:45 Let's Play Dominoes! </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play Bingo! </p>	<p>19</p> <p>11:00 Singing w/ Stephaine Romm </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Play: Guess 3 Things About The Person Next To You </p>	 <b>SPRING FORWARD</b>
 <b>SPRING TRAINING</b>	<p>22</p> <p>11:00 Uplift with Michele Solomon </p> <p>12:00 Lunchtime </p> <p>12:45 Place Your Bets On Double Bingo! </p>	<p>23</p> <p>10:45 Let's Play: Pokeno! </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Do Reader's Theater </p>	<p>24</p> <p>10:30 Let's Go to Angel's Attic! </p> <p>10:45 Let's Play Tabletop Games! </p> <p>12:00 Lunchtime </p> <p>12:45 Let's Create Spring Arts &amp; Craft </p>	<p>25</p> <p>Senior Boot Camp At Dominican University (Registration Required) <b>CENTER CLOSED</b></p> <p style="font-size: 2em; font-family: cursive; text-align: center;">Join Us!</p>	<p>26</p> <p>10:30 Friday Morning Movie!</p> <p>12:00 Lunchtime </p> <p>12:45 Music with Peter Holmgren </p>	 <b>1ST DAY OF SPRING</b>
 <b>MARCH MADNESS</b>	<p>29</p> <p>11:00 Let's Get Moving with Charlese! </p> <p>12:00 Lunchtime </p> <p>12:45 Place Your Bets On Double Bingo! </p>	<p>30</p> <p>10:45 Let's Play: Pokeno! </p> <p>12:00 Lunchtime </p> <p>12:45 Music with Michelle Solomon </p>	<p>31</p>			 <b>WOMEN'S HISTORY MONTH</b>