

# March 2026

- Games
- Musical Entertainment
- Speakers
- Lunchtime
- Exercise
- Social Worker
- Painting/ Craft Project
- Trips
- Performances
- Discussion Groups/ Activities
- Health

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 <b>MEALS on WHEELS</b> ROCKLAND	<p>11:00 Let's Play Family Feud! </p> <p>12:00 Lunchtime! </p> <p>12:45 Let's Play Bingo! </p>	<p>11:00 Let's Play Pokeno! </p> <p>12:00 Lunchtime! </p> <p>12:45 Let's Play Wheel of Fortune! </p>	<p>11:00 Let's Play Bean Bag Toss! </p> <p>12:00 Lunchtime! </p> <p>12:45 Yoga with Terry! </p>	<p>10:30 Let's Go To: ShopRite </p> <p>11:00 Let's Play Hangman! </p> <p>12:00 Lunchtime! </p> <p>12:45 Music with Eric Lipper </p>	<p>11:00 Word on the Street - Center Discussion</p> <p>12:00 Lunchtime! </p> <p>12:45 TGIF BINGO! </p>	 <b>ROCKLAND COUNTY</b> OFFICE FOR THE AGING
<p><b>Have a Question?</b> Ask Our Manager, Annette! (845) 624 - 6334 <u>Hours of Operation:</u> Monday - Friday 10am - 2pm</p>	<p>11:00 Let's Get Moving with Charlese! </p> <p>12:00 Lunchtime! </p> <p>12:45 Let's Play Trivia! </p>	<p>10:30 Visit from the Case Worker </p> <p>11:00 Let's Play Pokeno! </p> <p>12:00 Lunchtime! </p> <p>12:45 Let's Play Bingo! </p>	<p>10:30 Let's Go to Target!</p> <p>11:00 Let's Play Cards! </p> <p>12:00 Lunchtime! </p> <p>12:45 Let's Make Bookmarks! </p>	<p>11:00 Let's Play Axe Throwing!</p> <p>12:00 Lunchtime! </p> <p>12:45 Music with Ray Longchamp </p>	<p>11:00 Chair Soccer! </p> <p>12:00 Lunchtime! </p> <p>12:45 TGIF BINGO! </p>	<p>Rockland County Office for the Aging: <b>Rockland County Executive:</b> <b>Ed Day</b> 845-638-5122 <b>Director of Office for the Aging Cheryl Dean-Ward</b> 845-364-2110</p>
<p><b>HAPPY ST. PATRICK'S DAY</b></p>	<p>10:30 Let's Go To Walmart! </p> <p>11:00 Let's Play Word Games! </p> <p>12:00 Lunchtime! </p> <p>12:45 What's In Your Purse? </p>	<p>St. Patrick's Day! Wear Green!</p> <p>11:00 Gleeful Wellness with Shlomit </p> <p>12:00 Lunchtime! </p> <p>12:45 Let's Play Pokeno! </p>	<p>Ramapo Birthday Bash!!</p> <p>11:00 Music with Peter Holmgren! </p> <p>12:00 Lunchtime! </p> <p>12:45 Double Birthday Bingo! </p>	<p>11:00 Self-Defense w/ Master Portante </p> <p>12:00 Lunchtime! </p> <p>12:45 Discover Live! </p>	<p>11:00 Music with Michelle Solomon </p> <p>12:00 Lunchtime! </p> <p>12:45 TGIF BINGO! </p>	<p><b>SPRING FORWARD</b></p>
<p><b>SPRING TRAINING</b></p>	<p>11:00 Nutrition with Gitty!</p> <p>12:00 Lunchtime! </p> <p>12:45 Let's Play Wii Games! </p>	<p>10:30 Let's Go To: Trader Joe's! </p> <p>11:00 Wordhub! </p> <p>12:00 Lunchtime! </p> <p>12:45 Let's Play Pokeno! </p>	<p>11:00 Uplift with Michele Solomon </p> <p>12:00 Lunchtime! </p> <p>12:45 Let's Create: Decorative Painted Flowerpots </p>	<p><i>Join Us!</i></p>	<p>11:00 Music with Randy Accardi </p> <p>12:00 Lunchtime! </p> <p>12:45 TGIF BINGO! </p>	<p><b>MARCH MADNESS</b></p>
<p><b>WOMEN'S HISTORY MONTH</b></p>	<p>10:45 April Calendar Review! </p> <p>11:00 Name That Tune! </p> <p>12:00 Lunchtime! </p> <p>12:45 Singing w/ Stephaine Romm </p>	<p>11:00 Let's Play Pokeno! </p> <p>12:00 Lunchtime! </p> <p>12:00 Promenade at Blue Hill Presentation </p>				<p><b>WELCOME, Spring!</b></p>