

March 2026

- Trips
- Painting/ Craft Project
- Games
- Speakers
- Musical Entertainment
- Lunchtime
- Exercise
- Social Worker
- Performances
- Educational

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 11:00 Let's Play Word Links 12:00 Lunchtime 12:45 Bingo!	3 11:00 Let's Play Chair Hockey 12:00 Lunchtime 12:45 Bruce Hammer Presents "History of the Civil Rights Movement"	4 10:30 Let's Go Shopping/ Aldi 11:00 Tabletop Games - Jenga 12:00 Lunchtime 12:45 Drum Circle with Glenn Schloss	5 11:00 Let's Play Wacky Wordies 12:00 Lunchtime 12:45 Music with Michelle Solomon	6 11:00 Bingo! 12:00 Lunchtime 12:00 Music With Peter Holmgren!	7
8 Have a Question? Ask Our Manager, Jean! (845) 624 - 6334 <u>Hours of Operation:</u> Monday - Friday 10am - 2pm	9 11:00 Let's Play Trivia - Women's History 12:00 Lunchtime 12:45 Yoga with Terry!	10 11:00 Reading Session with Laurel!	11 10:30 Let's Go Shopping-Kohl's 11:00 Tabletop Games - Rummikub 12:00 Lunchtime 12:45 Music with Eric Lipper	12 12:00 Let's Play The Price is Right-Women's Department 12:00 Lunchtime 12:45 Self-Defense w/ Master Portante	13 11:00 Let's Play Don't Touch The Color 12:00 Lunchtime 12:45 Bingo!	14 Rockland County Office for the Aging: Rockland County Executive: Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110
15 	16 11:00 Nutrition with Gitty! 12:00 Lunchtime 12:45 Music with Ray Longchamp	17 St. Patrick's Day - We Wear Green 10:30 Let's Go Shopping - ShopRite 11:00 Table Games - Dominoes 12:00 Lunchtime 12:45 Gleeful Wellness with Shlomit	18 Nyack Birthday Bash! 11:00 Double Birthday Bingo! 12:00 Lunchtime 12:45 Music with Hal Keshner!	19 11:00 Uplift with Michele Solomon 12:00 Lunchtime 12:45 Let's Create Custom Bookmarks	20 11:00 Let's Play Bingo! 12:00 Lunchtime 12:45 Exercise with Rafael!	21
22 	23 11:00 Let's Get Moving with Charlese! 12:00 Lunchtime 12:45 Island Sound Music with Justin!	24 10:30 Visit from the Social Worker 11:00 Tabletop Games Pokeno 12:00 Lunchtime 12:45 Bingo!	25 10:30 Let's Go Shopping - Burlington 11:00 Tabletop Game Checkers 12:00 Lunchtime 12:45 Let's Create Decorative Flowerpots!	26 Senior Boot Camp At Dominican University (Registration Required) <i>Join Us!</i>	27 11:00 Bingo! 12:00 Lunchtime 12:45 Music with Randy Accardi!	28
29 CELEBRATING WOMEN'S HISTORY MONTH	30 10:30 Let's Go Shopping - T.J.Maxx 11:00 Tabletop Game - Trivial Pursuit 12:00 Lunchtime 12:45 Bingo!	31 11:00 Let's Play Never Have I Ever! 12:00 Lunchtime 12:45 Singing w/ Stephaine Romm				