



SENIOR ACTIVITY CENTERS

Together, We Thrive!

February 2026

- Games
- Musical Entertainment
- Lunchtime
- Exercise
- Social Worker
- Painting/ Craft Project
- Trips
- Movie
- Discussion Groups/ Activities
- Health

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 	2 11:00 Trivia with Charlene! 12:00 Lunchtime! 12:45 Let's Play Bingo!	3 11:00 Let's Play Pokeno! 12:00 Lunchtime! 12:45 Words in a Word!	4 10:45 Let's Go To: Dollar Tree! 11:00 Tabletop Gaming! 12:00 Lunchtime! 12:45 Lucky Stike! Will Bowling	5 11:00 Word on the Street - Center Discussion 12:00 Lunchtime! 12:45 Thursday Afternoon Bingo!	6 11:00 Horticulture Therapy -Tropical Paradise 12:00 Lunchtime! 12:45 Music & Motion with Rafael	7
8 Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110	9 10:45 Let's Go To: ShopRite 11:00 Uno! Tournament 12:00 Lunchtime! 12:45 Exercise with Dolan!	10 10:30 Visit from the Case Worker 11:00 Let's Play Pokeno! 12:00 Lunchtime! 12:45 Pictionary!	11 11:00 Music with Eric Lipper 12:00 Lunchtime! 12:45 Axe Throwing!	12 12:00 Lunchtime! 12:45 Let's Create: Olympic Torches!	13 11:00 Let's Watch: Valentine's Day 12:00 Lunchtime! 12:45 TGIF BINGO!	14
15 	16 PRESIDENTS' DAY - CENTER CLOSED 	17 11:00 Let's Play Pokeno! 12:00 Lunchtime! 12:45 Let's Play Bean Bag Toss!	18 Ramapo Birthday Bash! 11:00 Music with Hal Keshner! 12:00 Lunchtime! 12:45 Birthday Double Bingo!	19 11:00 Nutrition with James! 12:00 Lunchtime! 12:45 Workout Video!	20 11:00 You Be The Judge! 12:00 Lunchtime! 12:45 TGIF BINGO!	21
22 	23 11:00 Let's Get Moving with Charlese! 12:00 Lunchtime! 12:45 Monday Afternoon Bingo!	24 11:00 The Poker Academy 12:00 Lunchtime! 12:45 Let's Play Pokeno!	25 11:00 Bean Bag Toss! 12:00 Lunchtime! 12:45 Music with Michelle Solomon	26 11:00 Let's Paint: Cozy Winter Scene! 12:00 Lunchtime! 12:45 Zumba with Healthfirst	27 11:00 Name That Tune! 12:00 Lunchtime! 12:45 TGIF BINGO!	28
			Have A Question? Ask Our Manager, Annette! (845) 356 - 2244 Hours of Operation: Monday - Friday 10am - 2pm			