



February 2026 Kosher

2 Classic Chicken Cacciatore Brown Rice California Vegetables	3 Baked Fish Almandine Orzo w/ Vegetables Baby Carrots w/ Parsley	4 Beef Salisbury Steak w/ Mushroom Sauce Garlic Mashed Potatoes Broccoli	5 Hawaiian Chicken Legs Brown/White Rice Steamed Carrots & Green Beans	6 Gefilte Fish Vegetable Mix Carrots Tzimmes
9 Teriyaki Chicken Legs Glazed Sweet Potatoes Vegetable Mix	10 Lemon Salmon Egg Barley w/ Mushrooms Steamed Carrots	11 Baked Macaroni & Cheese Corn Niblets Steamed Green Beans	12 Turkey Meatloaf w/ Mushroom Gravy Homemade Mashed Potatoes California Vegetables	13 Cheese Blintzes Corn Niblets Oriental Blend Vegetables
16 Beef Salisbury Steak w/ Mushroom Sauce Glazed Sweet Potatoes Italian Cut Green Beans	17 Easy Breaded Fish Fillets Roasted Spiced Red Potatoes Broccoli w/ Toasted Garlic	18 Honey Mustard Chicken Drumstick Home Fries Carrots & Green Beans	19 Gefilte Fish Potato Kugel Carrot Tzimmes	20 Stuffed Shells w/ Cheese Orzo Steamed Broccoli
23 Baked Asian Style Honey Chicken Bowtie Pasta w/ Kasha California Blend Vegetables	24 Turkey Meatloaf w/ Mushroom Gravy Glazed Sweet Potatoes Italian Cut Green Beans	25 Cheese Blintzes Corn Niblets Sauteed Zucchini	26 Beef Meatballs in Tomato Sauce Spaghetti Sauteed Green Beans	27 Baked Fish w/ Sweet & Sour Sauce Potato Kugel Carrot Tzimmes

Kosher certification upon request

Milk, bread, juice, & dessert are included. Medically tailored meals will not follow the meal calendar.

845-624-6325

Meals are subject to availability

www.mowrockland.org

Packaged meals are under the kosher supervision of the and Rabbi M. Unger of Mechon L'Kashrus

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost."