

January 2026

- 📖 Educational
- 🎵 Musical Entertainment
- 🍷 Trivia
- 🎨 Painting Project Crafts
- 🗺️ Discussion Groups Activities
- 🎮 Game
- 🍽️ Lunchtime
- 🏃 Exercise
- 🚫 No Bake

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Have a Question? Ask Our Manager, Hilda! (845) 947 - 6005 Hours of Operation: Mon-Fri 10am - 2pm				New Year's Day! Center Closed HAPPY New Year!	1 11:00 2026 New Year's Resolutions & Wish List 12:00 Lunchtime 12:45 New Year's Bingo	2 Rockland County OPA Director: Cheryl Dean-Ward Rockland County Office for the Aging (845) 954 - 2110 Rockland County Executive Ed Day: (845) 638 - 5122
4 MAKE YOUR RESOLUTIONS!	5 11:00 Save Energy & Save Dollars Workshop with Free Kit 12:00 Lunchtime 12:45 Place Your Bets On Double Bingo	6 10:45 Let's Play: Pokern! 12:00 Lunchtime 12:45 Let's Play Bean Bag Toss!	7 10:45 Project Council Meeting 11:00 Cooking with Chef Lo Pinot 12:00 Lunchtime 12:45 Let's Play Trivia	8 10:30 Let's Go to ShopRite! 10:45 Word Games 12:00 Lunchtime 12:45 Place Your Bets on Bingo	9 11:00 Morning Fitness with Luke 12:00 Lunchtime 12:45 Financial Literacy Trivia with James Booth	10 LET IT SNOW
11	12 11:00 Drum Circle with Glenn Schloss 12:00 Lunchtime 12:45 Place Your Bets On Double Bingo	13 10:30 Let's Go to Rockland Bakery! 10:45 Tabletop Gaming 12:00 Lunchtime 12:45 Let's Play: Pokern!	14 10:45 Pet Therapy 11:00 Nutrition with Gity 12:00 Lunchtime 12:45 Music with Michelle Solomon	15 11:00 Harmony Road with Solomon 12:00 Lunchtime 12:45 Thursday Afternoon Bingo	16 11:00 Music with Hal Keshner 12:00 Lunchtime 12:45 Let's Play Chair Hockey	17
18	19 REMEMBER HIS DREAM MLK JR. DAY	20 10:45 Let's Play: Pokern! 12:00 Lunchtime 12:45 Philadelphia Cheesecake No Bake	21 11:00 Music with Eric Lipper 12:00 Lunchtime 12:45 Double Birthday Bingo	22 10:30 Let's Go to Burlington 10:45 Trivia 12:00 Lunchtime 12:45 Let's Create Mason Jar Snow Globes	23 11:00 Let's Play Bingo 12:00 Lunchtime 12:45 Exercise with Rafael	24
25	26 11:00 Medicare Help with Charline 12:00 Lunchtime 12:45 Place Your Bets On Double Bingo	27 10:45 Let's Play: Pokern! 12:00 Lunchtime 12:45 This is Jeopardy	28 11:00 Let's Paint a Winter Wonderland 12:00 Lunchtime 12:45 Let's Play Axe Throwing	29 10:30 Let's Go to ShopRite! 10:45 Let's Play Dominoes 12:00 Lunchtime 12:45 Name That Tune	30 11:00 Music with Jimmy Walsh 12:00 Lunchtime 12:45 TGIF Bingo	31