

January 2026

Exercise
 Social Worker
 Musical Entertainment
 Trips
 Lunchtime
 Games
 No Bake
 Painting/Craft Project
 Discussion Group/Activities
 Movie
 Educational

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Have A Question? Ask our Manager, Danielle (845) 624 - 6334 Hours of Operation: Monday - Friday 10:00am - 2:00pm				Happy New Year! Center Closed!	10:45 New Year's Resolutions and Wishes for 2026 12:00 Lunchtime 12:45 TGIF Bingo	
	11:00 Medicare Help with Charlene 12:00 Lunchtime 12:45 Monday Afternoon Bingo	10:30 Visit from the Case Worker 10:45 Let's Play Rummikub & Tabletop Games 12:00 Lunchtime 12:45 Financial Literacy Trivia with James Booth	10:30 Let's Go to Shoprite 11:00 Chair Soccer 12:00 Lunchtime 12:45 Pet Therapy	11:00 Harmony Road with Solomon 12:00 Lunchtime 12:45 Bingo	11:00 Music with Hal Keshner 12:00 Lunchtime 12:45 Let's watch I love Lucy w/Popcorn	Rockland County Office for the Aging Rockland County Executive Ed Day Director of the Office for the Aging Cheryl Dean-Ward 845-638-5122 845-364-2110
	10:45 Let's Play Monday Morning Bingo 12:00 Lunchtime 12:45 Save Energy & Save Dollars Workshop with Free Kite	10:30 Morning Stretching 10:45 Let's Play Rummikub & Tabletop Games 12:00 Lunchtime 12:45 Let's play the Price is Right and win Prizes	10:30 Gallo's Restaurant 10:45 Pokeno w/ Prizes 12:00 Lunchtime 12:45 Lucky Strike Bill Bowling, Air Hockey, Ring Toss	National Strawberry Ice Cream Day 10:30 Let's Go to the Dollar Tree in Valley Cottage 12:00 Lunchtime 12:45 Enjoy Different Kinds of Strawberry Ice Cream 1:00 Word on the Street - Center Discussion	10:45 Painting with Cami 12:00 Lunchtime 12:45 TGIF Bingo	
	Martin Luther King Jr. Day! Center Closed CELEBRATE MLK JR. DAY	10:30 Let's Go to Aldi's 10:45 Let's Play Rummikub & Tabletop Games 12:00 Lunchtime 12:45 Exercise with Rafael	10:30 Clarkstown Birthday Bash! 10:45 Music with Peter Holmgren 12:00 Lunchtime 12:45 Double Birthday Bingo	10:30 Guided 10 Minute Meditation 11:00 Book Fair with Sparkle Bookstore 12:00 Lunchtime 12:45 Let's Create Mason Jar Snow Globes	11:00 Philadelphia Cheesecake No-Bake 12:00 Lunchtime 12:45 TGIF Bingo	
	10:30 Guided 10 Minute Meditation 10:45 Nutrition with Gilly 12:00 Lunchtime 12:45 Tai Chi with John Hood	10:30 Morning Stretching 10:45 Let's Play Rummikub & Tabletop Games 12:00 Lunchtime 12:45 Music with Michelle Solomon	10:30 Let's go to the Library 12:00 Lunchtime 12:45 Let's Play Name that Tune w/ Elan	10:45 Bingo 12:00 Lunchtime 12:45 Let's Watch "A Christmas Wish" 1950 Film Starring Jimmy Durante	10:45 Go Over New Calendar/Share Options 12:00 Lunchtime 12:45 TGIF Bingo	