











SENIOR ACTIVITY CENTERS

Together, We Thrive!

December 2025

- 🚌 Trips
- 🎲 Games
- 🎵 Musical Entertainment
- 🕒 Lunchtime
- 👤 Exercise

- 👤 Social Worker
- ♥ Discussion Groups/Activities
- ★ Performances
- 📺 Educational
- 🎬 Movie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Have a Question? Ask Our Manager, Jean! 845-353-1311 Hours of Operation: Monday - Friday 10:00am - 2:00pm</p>	<p>On the First Day of December: 1</p> <p>11:00 Let's Get Moving w/ Charles! 🚶</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Monday Afternoon Bingo 🎲</p>	<p>2</p> <p>10:30 Let's Go to ShopRite! 🛒</p> <p>10:45 Head to Head Rummikub (& Other Tabletop Games) 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 The Circus Returns to Nyack ★</p>	<p>3</p> <p>10:45 Wednesday Morning Bingo 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 One Man Christmas Show w/ Red Monkey Theater Group ★</p>	<p>4</p> <p>10:45 Let's Play the Cup Stacking Challenge 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Let's Talk Nutrition w/ James! 🍽️</p>	<p>5</p> <p>Annual Terrace on the Hudson Holiday Party (Sign-Up Required)</p> 	<p>6</p> 
<p>7</p> <p>A Special Happy Birthday To: Michael E. - 12/2 Zhenwu H. - 12/3 Mercedita S. - 12/4 Joseline F. - 12/6 Beverly G. - 12/7 Judy J. - 12/7 Flora H. - 12/15 Gloria L. - 12/16 Victoria R. - 12/23 Jesusa F. - 12/25 Catherine C. - 12/31</p>	<p>8</p> <p>10:30 Let's go shopping: Marshalls 🛍️</p> <p>10:45 Puzzles and Games</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Let's Play: Pictionary! 🎲</p>	<p>9</p> <p>10:45 Place Your Bets on Bingo! 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Put Your Dukes Up! Boxing Class w/ Title Boxing 🥊</p>	<p>10</p> <p>10:45 Let's Play - Name that Tune Christmas Edition 🎵</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Great American Short Stories w/Laurel B. ♥</p>	<p>11</p> <p>10:45 Nyack Decorates Their Christmas Tree! ♥</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Nyack Rotary Club - Holiday Cheer 🎵</p>	<p>12</p> <p>10:45 Friday Morning Bingo Bash 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Friday Afternoon Tunes w/ Hal Keshner! 🎵</p>	<p>13</p> <p>Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110</p>
<p>14</p> 	<p>15</p> <p>Happy Hanukkah! Wear Blue & White</p> <p>10:45 Let's Play: Spin the Dreidel! 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Holiday Tales of the Hanukkah & Christmas Solstice Performed by Jonathan Kruk! ★</p>	<p>16</p> <p>10:30 Spendin' Dollars at the Dollar Tree! 🛍️</p> <p>10:45 Let's Play Cards and Dominos 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Music & Motion Led By Rafael 🚶</p>	<p>17</p> <p>Nyack Birthday Bash! (50/50 Raffle)</p> <p>10:45 Birthday Double Bingo! 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>1:00 Musical Entertainment Brought to You By Jean-Claude! 🎵</p>	<p>18</p> <p>10:45 I Should Have Known That! Let's Play Trivia 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Self-Defense Class w/ Master Portante 🥋</p>	<p>19</p> <p>10:45 Friday Morning Bingo Bash 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Season's Greetings: Write Holiday Cards to Your Loved Ones! ♥</p> <p>1:00 Word on the Street - Center Discussion ♥</p>	<p>20</p> 
<p>21</p> 	<p>22</p> <p>10:45 Monday Morning Bingo! 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Holiday Sing-Along w/ Michelle Solomon! 🎵</p>	<p>23</p> <p>10:30 Visit from the Social Worker 🧑</p> <p>10:45 Let's Play: Words in a Word! 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Holiday Songs and Cookies w/ Nyack Carolers! ♥</p>	<p>24</p> <p>Christmas Eve – Ugly Sweater Contest</p> <p>10:30 Nyack Watches a Holiday Movie: Polar Express! 🎬</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Zumba Extravaganza w/ Gym Guyz! 🕺</p>	<p>25</p> <p>Christmas Day- Center Closed</p> 	<p>26</p> <p>Happy Kwanzaa! Wear Red, Black or Green!</p> <p>10:30 Let's go Shopping - Trader Joe's 🛍️</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Friday Afternoon Bingo! 🎲</p> <p>10:45 Let's Play Board Games- Dominoes 🎲</p>	<p>27</p> 
<p>28</p> 	<p>29</p> <p>10:30 Let's Go to ShopRite 🛒</p> <p>10:45 Let's Play Tabletop Games! 🎲</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Monday Afternoon Bingo 🎲</p>	<p>30</p> <p>10:45 Let's Play the Tennis Ball Game! 🎾</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 Great American Short Stories w/ Laurel B. ♥</p>	<p>31</p> <p>New Year's Eve! Wear Black & Gold</p> <p>10:45 New Year's Eve Celebration - Resolutions! ♥</p> <p>12:00 Lunchtime! 🕒</p> <p>12:45 New Year's Eve Double Bingo! 🎲</p>			<p>31</p> 