SENIOR ACTIVITY CENTERS

September 2025

☐ Trips

le Painting/ Craft Project **Games** Games

Musical Entertainment

♠ Social Worker ♥ Discussion Groups/ Activites

Educational

₩ Exercise

together, We Thrive!				1 Lunchtime			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
Have a Question? Ask Our Manager, Jean! 845-353-1311	Labor Day Center Closed Labor ** Labor ** Labor ** Day*	2 10:45 Tuesday Morning Discussion Group ♥ 12:00 Lunchtime II 12:45 Let's Boogie Down w/ Dolan! ♣	10:30 Shop Til You Drop! Let's Go to ShopRite ☐ 10:45 Head to Head Rummikub (& Other Tabletop Games) № 12:00 Lunchtime 11 12:45 Place Your Bets on Bingo! №	10:45 Let's Play: Words in a Word! 12:00 Lunchtime 11 12:45 Let's Play: What's in Your Wallet!?	10:45 Friday Morning Bingo 12:00 Lunchtime 11:45 Music & Motion Led By Rafael Rafael Rafael Rafael	OFFICE FOR THE AU	
A Special Happy Birthday To: Elizabeth N 9/11 Werner K. 9/12 Paul S 9/18 Hwa L 9/19 Isabel M 9/20 Gerardo D 9/24 Cecily F 9/27	7 10:45 Let's Play: Wheel of Fortune! ** 12:00 Lunchtime!* 12:45 Mind, Body & Soul: Tai Chi w/ John Hood**	National Sudoku Day! 9 10:45 Sudoku 101: Learn How to Play Sudoku w/ Steve	_	Senior Center Month! 11 10:45 Place Your Bets on Bingo!	12:45 Finkelstein Library Open House & Farm Stand Event (Sign-Up Required)☐ 10:45 Tabletop Games Galore! ♥ 12:00 Lunchtime 1 † 12:45 Head to Head Uno Competition ♥	Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110	
He was outstanding in his field!	15 11:00 Dance & Exercise Class w/ Charlese! 1—1 12:00 Lunchtime 11 12:45 Monday Afternoon Bingo			18 10:30 Let's Go to The Nyack Farmers' Market 10:45 Morning Flex & Stretch w/ K! 12:00 Lunchtime 11 12:45 Musical Entertainment Featuring Hal K. ♪	19 10:45 Friday Morning Bingo Bash ₩ 12:00 Lunchtime¶ 12:45 Nyack Watches A Movie	20	
	1 22 10:45 Let's Play: Scattergories 12:00 Lunchtime 11 12:45 Fire Drill & Safety Class w/ Peter Byrnes w/ the Rockland County Fire Center 9	10:30 Visit from the Social Worker A 10:45 Craft Creation: Picture Frame Decorating %	, ,	10:30 Let's Go to Macy's ☐ 10:45 Let's Play Crossword Puzzles & Tabletop Games ��	26 10:45 Nyack Takes a Stroll: Morning Walking Club ♣ 12:00 Lunchtime ¶ 12:45 Friday Afternoon Bingo! ��	27	
		30 10:45 Place Your Bets on Bingo! ♥ 12:00 Lunchtime †† 12:45 The Art of Self-Defense w/ Master Portante 1—1					