

## September 2025

11 Lunchtime 

☐ Trips
■ Painting Project/ Crafts

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100	Game		

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Have a Question? Ask Our Manager, Hilda! Please Call 845-947-8005	Labor Day - Center Closed 1  Labor ***  *** Day	10:45 Let's Play: Pokenol  12:00 Lunchtime 11 12:45 Mind, Body and Soul: Tai Chi Class w/ John Hood +	Exercise with Charlene!←	11:00 HiYa! Let's Learn Self Defense w/ Master Portante! ←  12:00 Lunchtime11 12:45 Place Your Bets on Bingo!	5 10:30 Let's Go to ShopRite! ☐ 10:45 Let's Play Tabletop Games! 12:00 Lunchtime II 12:45 Let's Play: Never Have I Ever! ◀♠	OF THE AND COUNTY ON THE AND COUNTY OF THE AND C
A Special Happy Birthday To: Stanley W. 9/29 Betty F. 9/29	10:45 Let's Play: Fact or Cr'p  12:00 Lunchtime  11:00 Let's Talk Nutrition w/ Gitty  12:00 Let's Talk Nutrition w/ Gitty	10:45 Let's Play: Pokeno! (12:00 Lunchtime 11 12:45 Put Your Dukes Up! Low Impact Boxing w/ the Title Boxing Club! (14)	10:30 Let's Go Shopping at Walmart! ☐ 10:45 Let's Play Cards and Dominos  12:00 Lunchtime!! 12:45 Fire Drill & Safety Education w/ Peter Byrnes & the Rockland County Fire Center  •	11 10:30 Let's Go to Nyack's Farmers' Market! © 10:45 Let's Play Tabletop Games! 🕬 12:00 Lunchtime!1 12:45 Place Your Bets on Bingo!	Scoop! 🕬	13 Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110
He was outstanding in his field!	10:30 Let's Go for a Stroll At Haverstraw Bay!  10:45 Head to Head Rumikub & Other Tabletop Garnes  12:00 Lunchtime††  12:45 Monday Afternoon Tunes Featuring Hal K!♪	10:45 Let's Play: Pokenol (10:45 Let's Play: Pokenol (10:45 Let's Boogle Down w/Dolan! (10:45 Let's Boogle D	Senator Bill Weber's Annual Senior 17 Fair! (Sign-up Required)  Join Us!	18 10:45 Thursday Morning Chair Exercise with Charlene! ↔ 12:00 Lunchtime!! 12:45 Let's Play: Bingo!	19 10:45 Let's Play Tabletop Games! 10:45 Trip to The Finklestein Library & Farm Stand! (Sign-up Required) 12:00 Lunchtime! 12:45 Let's Play: Secrets In The Bowl Game! 10	20
21	22 11:00 Dance & Exercise Class w/ Charlese! ←→ 12:00 Lunchtime!! 12:45 How Long Can You Keep the Beach Ball in the Air? 🐠	10:45 Let's Play: Pokenol (10:45 Let's Play: Pok	Haverstraw Birthday Bash (50/50 24 Raffle) 10:30 Let's Play Birthday Double Bingol (46) 12:00 Lunchtime 11 12:45 Musical Entertainment Brought to You By Charlie Staxx! J	25 10:30 Let's Go to Nyack's Farmers' Market!  10:45 Let's Play Cards and Dominos  12:00 Lunchtime 11 12:45 Let's Play: Bingo Card  14  15  16  17  18  18  18  18  18  18  18  18  18	26 10:30 Let's Go to Jembro! ☐ 10:45 Tabletop Games Galore! ♥♥ 12:00 Lunchtime†1 12:45 Friday Afternoon Open Mic Karaokel ♪	27
	29 10:45 Painting Project: Pick An Object From the Center & Paint It!   12:00 Lunchtime!! 12:45 Music and Motion Class Led By Rafael!	10:45 Let's Play: Pokeno! (4) 12:00 Lunchtime (1) 12:45 Let's Go to Amazing Savings!				