










SENIOR ACTIVITY CENTERS

Together, We Thrive!

August 2025

- 🚌 Trips
- 🎨 Painting/ Craft Project
- 🎲 Games
- 🗣️ Speakers
- 🎵 Musical Entertainment
- 🕒 Lunchtime
- 👣 Exercise
- 👤 Social Worker
- ♥ Discussion Groups/Activities
- ★ Performances
- 🎓 Educational
- 📺 Movie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Have a Question? Ask Our Manager, Jean! 845-353-1311					1 10:30 Let's Go Shopping: ShopRite! 🛒 10:45 Let's Play Tabletop Games 🎲 12:00 Lunchtime! 🕒 12:45 Writing Into Joy: From Silver Linings to the Best Day Ever! Writing Workshop w/ Helene (Part 1) ♥	2 
A Special Happy Birthday To: Takashi H. - 8/3 Eugene P. - 8/3 Althea H. - 8/6 Marilyn R. - 8/13 Carmen P. - 8/16 Slavica M. - 8/21 Maria R. - 8/23 Gail M. - 8/31 Happy Belated Birthday To: Ursula H. - 7/25	3 National Chocolate Chip Cookie Day! 11:00 Let's Play - Word Links 🎲 12:00 Lunchtime! 🕒 12:45 The Circus Returns to Nyack! ★	4 10:45 Place Your Bets on Bingo! 🎲 12:00 Lunchtime! 🕒 12:45 Summer Sing-Along w/ Michelle Solomon 🎵	5 10:30 Let's Go Shopping- At Home 🛒 10:45 Let's Play Rummikub (& Other Tabletop Games) 🎲 12:00 Lunchtime! 🕒 12:45 Attending Homecare Presentation w/ Chava 🗣️	6 10:30 Let's Go to the Nyack Farmers Market 🛒 10:45 Monopoly, Rummikub Galore! Let's Play Tabletop Games 🎲 11:00 Let's Play - Word Links 12:00 Lunchtime! 🕒 12:45 Let's Play - BINGO	7 10:45 Let's Play - Price is Right! 🎲 12:00 Lunchtime! 🕒 12:45 Writing Into Joy: From Silver Linings to the Best Day Ever! Writing Workshop w/ Helene (Part 2) ♥	8 Rockland County Office for the Aging: Rockland County Executive Ed Day 845-638-5122 Director of Office for the Aging Cheryl Dean-Ward 845-364-2110
 Long time, no sea!	10 10:45 Let's Play: Don't Touch The Color! 🎲 12:00 Lunchtime! 🕒 12:45 Best American Short Stories w/ Laurel B. ♥	11 10:45 How Do You Spell ... Spelling Bee Competition! 🗣️ 12:00 Lunchtime! 🕒 12:45 Let's Play: BINGO! 🎲	12 10:30 Let's Go Shopping: Marshall's! 🛒 10:45 Head to Head Rummikub (and Other Tabletop Games) 🎲 12:00 Lunchtime! 🕒 12:45 Bruce Hammer Presents "The Big Band Era" 🎵	13 10:30 Let's Go to: The Nyack Farmers Market 🛒 10:45 Monopoly, Rummikub Galore! Let's Play Tabletop Games 🎲 12:00 Lunchtime! 🕒 12:45 Let's Talk Nutrition w/ James 🗣️	14 10:45 Let's Play - BINGO 🎲 12:00 Lunchtime! 🕒 12:45 Music and Motion Class Led By Rafael! 🎵	15 
	17 10:30 Bullseye: Let's Go to Target 🛒 10:45 Boardgame Bonanza! 🎲 12:00 Lunchtime! 🕒 12:45 Let's Play: Bingo! 🎲	18 10:45 Let's Play - Guess Who? 🎲 12:00 Lunchtime! 🕒 12:45 Let's Boogie Down w/ Dolan! 🎵	19 Nyack Birthday Party 10:45 Let's Play: Birthday Double Bingo! 🎲 12:00 Lunchtime! 🕒 12:45 Musical Entertainment Brought to You By Peter Holmgren 🎵	20 National Senior Citizens Day 10:30 Lets Go to the Nyack Farmers Market 🛒 10:45 "Remember When" Storytelling Sessions ♥ 12:00 Lunchtime! 🕒 12:45 Let's Play: BINGO 🎲	21 10:45 Friday Favorites: Nyack Watches A Movie! 📺 12:00 Lunchtime! 🕒 12:45 Nyack Summer Picnic! ♥	22 
	24 10:45 Monday Morning Music w/ Hal Keshner 🎵 12:00 Lunchtime! 🕒 12:45 Social Security Education w/ Senior Services of America 🗣️	25 10:30 Visit from the Social Worker 🗣️ 10:45 Let's Play: You Be the Judge! 🎲 12:00 Lunchtime! 🕒 12:45 Let's Play: BINGO! 🎲	26 10:30 Let's Go to the Dollar Store in Nanuet! 🛒 10:45 Let's Play Rummikub (& Other Tabletop Games) 🎲 12:00 Lunchtime! 🕒 12:45 Craft Creation: Designing Paper Flowers 🎨	27 10:45 Painting Project: Paper Roll Fireworks 🎨 12:00 Lunchtime! 🕒 12:45 Best American Short Stories w/ Laurel B. ♥	28 10:45 TED Talk & Discussion Group ♥ 12:00 Lunchtime! 🕒 12:45 Summertime Tropical Sounds w/ Jean-Claude & His Steel Drums! 🎵	29 
	31					30