



August 2025 Kosher

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Baked Fish w/ Sweet & Sour Sauce Potato Kugel Carrot Tzimmes
4 Artisan Beet Veggie Burger Bowtie Pasta w/ Kasha Baby Carrots & Parsley	5 Chinese Style Chicken Patty Egg Barley w/ Mushrooms Steamed Green Beans	6 Cheese Blintzes Sauteed Spinach Steamed Carrots & Green Beans	7 Turkey Meatloaf w/ Mushroom Gravy Garlic Mashed Potatoes Steamed Zucchini	8 Lemon Salmon Potato Kugel Carrot Tzimmes
11 Chicken & Broccoli Stir Fry Glazed Sweet Potatoes Corn Niblets	12 Turkey Meatloaf Homemade Mashed Potatoes Oriental Blend Vegetables	13 Salmon Burger Potato Kugel Italian Cut Green Beans	14 Sesame Chicken Legs Sweet Noodle Kugel Steamed Sliced Carrots	15 Breaded Fish Fillet Bowtie Pasta w/ Kasha California Blend Vegetables
18 Classic Chicken Cacciatore Brown Rice California Blend Vegetables	19 Baked Fish Amandine Orzo w/ Vegetables Baby Carrots w/ Parsley	20 Beef Salisbury Steak w/ Mushroom Sauce Garlic Mashed Potatoes Broccoli w/ Toasted Garlic	21 Hawaiian Chicken Legs Brown/White Rice Steamed Carrots & Green Beans	22 Gefilte Fish Vegetable Mix Carrots Tzimmes
25 Teriyaki Chicken Legs Glazed Sweet Potatoes Vegetable Mix	26 Lemon Salmon Egg Barley w/ Mushrooms Steamed Carrots	27 Baked Macaroni & Cheese Corn Niblets Steamed Green Beans	28 Turkey Meatloaf w/ Mushroom Gravy Homemade Mashed Potatoes California Blend Vegetables	29 Cheese Blintzes Corn Niblets Oriental Blend Vegetables

Kosher certification upon request

Milk, bread, juice, & dessert are included. Medically tailored meals will not follow the meal calendar.

845-624-6325

Meals are subject to availability

www.mowrockland.org

Packaged meals are under the kosher supervision of the and Rabbi M. Unger of Mechon L'Kashrus

This program is supported in part by the Rockland County Office for the Aging, the New York State Office for the Aging, the Administration on Aging and the County of Rockland. Contributions are voluntary and confidential and used to expand services. Services will not be denied if unable or unwilling to contribute. For those who self-disclose income at or above 185 percent of the Federal Poverty Level, the suggested contribution is equal to the service cost."